

# Gamete Donor and Recipient Assessments

*at Wijnland Fertility Clinic*



## Guidance, Support & Counselling

There is a lot to think about and to consider when it comes to starting a donor family. There might also be things you haven't thought of yet - but don't worry, we've got this covered. We are committed to offering every recipient and donor extensive guidance and support. This is of as much importance for the donor and the recipient, as it is for the future child.

### Choosing a donor

Our clinic is always here to assist, guide and support in any possible way. Choosing a donor is a big decision and we are here to help you. Our fertility counsellor will provide assistance wherever necessary. If you are struggling to decide what you are looking for in a donor, or you just feel unsure about which candidate would be most suitable for you, we can guide you through the process. It is extremely important that you feel comfortable with your decision, and we are here to ensure this.

### Assisted Selection

We happily assist patients with the process of choosing a donor if they struggle to make a choice. The recipients complete a profile form that we use to assess a few possibilities. The profiles of the recipients and the available donors are compared according to physical matching, personality and educational backgrounds. We then compile a shortlist of two to four donors and provide it to the recipients. The recipients can then choose a donor from the shortlist.

### Donor siblings

At our clinic we encourage recipient families to make use of the same donor should they have more than one child. It is of course the recipient family's decision whether they would like to use the same or a different donor when it comes to their child's siblings, but mostly recipient families request the same donor and we fully support this. Although it might not always be an option due to the live birth limit of a donor as determined by the National Health Act, we try to accommodate this as far possible.

### Disclose vs Not Disclose

Deciding to disclose the use of a donor, not only to one's family but also to the child, is an extremely big decision. We will provide guidance and support throughout this journey, no matter whether you decide to disclose or not. This decision should be made by you, the recipient/s, always bearing in mind the best interest of the child. If this is something that you are worried about, our fertility counsellor will guide you to make a decision that you feel most comfortable with.